

HAND HYGIENE observation form

Date: _____

Time: _____

SN	DESIGNATION	Name of HCW	OUTCOME (USE ALCOHOL HAND RUB & HAND WASHING)			5 MOMENTS FOR HAND HYGIENE										Remarks	
			TOTAL OPPORTUNITIES			BEFORE TOUCHING A RESIDENT		BEFORE CLEAN or ASEPTIC PROCEDURE		AFTER BODY FLUID EXPOSURE RISK		AFTER TOUCHING A RESIDENT		AFTER TOUCHING RESIDENT SURROUNDINGS			
			n	N	%	n	N	n	N	n	N	n	N	n	N		
1																	
2																	
3																	
4																	
5																	
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12																	
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16																	
17																	
18																	
19																	
20																	
TOTAL			0	0	#DIV/0!	0	0	0	0	0	0	0	0	0	0	0	

DR = Doctor	HCA = Healthcare Assistant	PT = Physiotherapist	LEGEND: n = Number of Compliance N = Number of Opportunities % = Compliance Rate
RN = Registered Nurse	HA = Health Attendant	OT = Occupational Therapist	
EN = Enrolled Nurse	TA = Therapist Assistant	ST = Speech Therapist	
NA = Nursing Aide	HK = Housekeepers	SW = Social Worker	

1	The Audit is to be completed by trained observers who have knowledge in infection control.
2	Observations periods of 30mins x 2 but can be prolonged until an encounter is completed. Minimum observation is 20 within 60 minutes, but can collect more observations within 60 minutes
3	Each row is used to record an encounter between one healthcare worker (HCW) and one patient, that involves touching by the HCW of the patient or the patient's immediate environment.
4	An <u>opportunity</u> begins when a HCW approaches the patient's environment and ends when the HCW leaves the patient environment. In a situation where a patient requires extended or complicated care, an encounter may involve multiple contacts and it may be appropriate.
5	The observer must be aware of whether a patient is on any type of isolation precaution that require use of gloves.
6	Look behind closed curtains as much as possible. If it is not possible to observe behind closed curtains then assume one patient contact only (2 HH opportunities: HH required before and after patient contact).
7	Health care workers must not be forewarned they are being observed in a hand hygiene audit. Observers must be as unobtrusive as possible, but not hidden. If a HCW asks what the auditor is doing, the response must be as evasive as possible.
8	Inter-observer variability is to be assessed in approximately 10% of observation sessions, with two observers working simultaneously, but independently recording their observations. This session will be done prior to audit.

Examples of 5 Moments for Hand hygiene:

Before touching a resident	Shaking hands, stroking an arm, helping a patient to move around, to get washed, giving a massage, taking pulse, BP, chest auscultation, abdominal palpation, positioning of resident
Before clean or aseptic procedure	Oral/dental care, giving eye drops, secretion aspiration; wound dressing, injection; catheter insertion, opening a vascular access or a draining system; preparation of food, medication, dressing sets
After body fluid exposure risk	Oral/dental care, secretion aspiration, giving eye drops, drawing and manipulating any fluid sample, opening a draining system, clearing up urine, faeces, vomit; handling waste (napkin, incontinence pad)
After touching resident	Shaking hands, stroking an arm, helping a resident to move around, to get washed, giving a massage, taking pulse, BP, chest auscultation, abdominal palpation, positioning of resident, change diaper
After touching resident surroundings	Environment contact involves touching the resident's bed or bed linen, bedside equipment, or other equipment, supplies, articles, or surfaces in the resident's bedspace or room