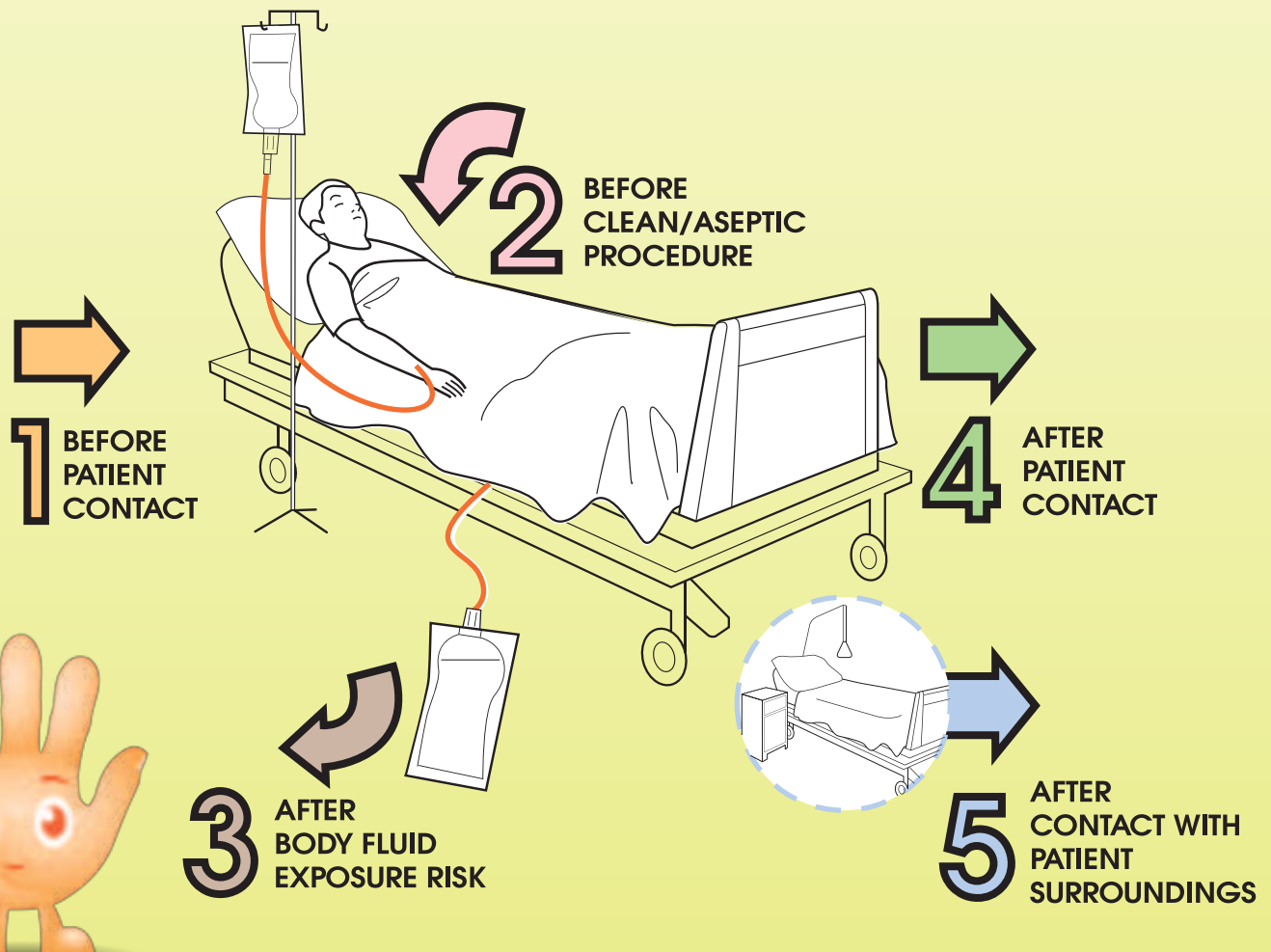


5 MOMENTS FOR HAND HYGIENE*



1 BEFORE PATIENT CONTACT	WHEN Clean your hands before touching a patient when approaching him or her* WHY To protect the patient against colonization and exogenous infection by harmful germs carried on your hands
2 BEFORE ASEPTIC/CLEAN PROCEDURE	WHEN Clean your hands immediately before accessing a critical site with infectious risk for patient WHY To protect the patient against harmful germs, including the patient's own germs, from entering his or her body
3 AFTER BODY FLUID EXPOSURE RISK	WHEN Clean your hands immediately after an exposure risk to body fluids (and after glove removal)* WHY To protect yourself and the health-care environment from colonization/infection and spread of harmful patient germs
4 AFTER PATIENT CONTACT	WHEN Clean your hands when leaving the patient's side, after having touched the patient* WHY To protect yourself and the health-care environment from colonization and spread of patient germs
5 AFTER CONTACT WITH PATIENT SURROUNDINGS	WHEN Clean your hands after touching any object or furniture when leaving the patient's surroundings, without having touched patient.* WHY To protect yourself from colonization with patient germs, present on surfaces/objects in patient surroundings and against germ spread in the health-care environment