



For any enquiries, please contact:

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Ophthalmic Skills

Training

for ILTC

COURSE OUTLINE

Age-related Eye diseases such as cataract , glaucoma and diabetic retinopathy are the most common causes of visual impairment. These eye conditions have great impact on the independence of the elderly and major cause of falls and injuries.

COURSE OBJECTIVES

This course aims to train nurses and healthcare assistants from the ILTC organisations, in basic understanding of the eye and eye disorders (both refractive and disease), with ability in the recognizing and detecting of eye diseases and enabling them to provide basic ophthalmic care to their clients. The one-day workshop with a mix of lectures and practical, emphasizes on “hands-on” experience visual models and practical illustrations.

TARGET PARTICIPANTS

This workshop is recommended for Registered Nurses, Enrolled Nurses, Nursing Aides and Healthcare Assistants

WORKSHOP DETAILS

Dates: Run 2: 30 Jan 2018
Run 3: 6 Mar 2018
Run 4: 21 May 2018

Time: 8:00am – 5:00pm

Venue: Academia: 20 College Rd, Singapore 169856

COURSE FEES

For Healthcare VWOs and Private Nursing Homes with Portable Subsidy:

S'poreans and SPRs = \$40.93 per participant

Non-S'poreans & non-SPRs = \$191.40 per participant

Any other organisations (full fees) = \$341.87 per participant

DESIRED LEARNING OUTCOMES

1. Anatomy and Physiology of the Eye
2. Common Eye Disease of the Elderly & Treatment
 - Dry Eyes
 - Cataract
 - Entropion / Ectropion
 - Ptosis
 - Glaucoma
 - Retinal Detachment
3. Basic Ocular Pharmacology
4. The Effects of Refractive Correction on Quality of Life and Depression in Nursing Home Residents
5. Ophthalmic Nursing Skills
 - Hand Hygiene
 - Steps in Eye Cleaning
 - Eye Vision Testing—Near and Far Vision
6. Clinical Observations
 - Glaucoma Clinic
 - Glaucoma Counselling
 - ECS Clinical Observations
 - Observation on preoperative and postoperative care
7. Consolidated & Evaluation

METHODOLOGY

- Lectures
- Observations