



STANDARD FIRST AID WITH CPR AND AED

The Standard First Aid with CPR and AED Course is a 22-hour (2.5 days) programme designed to equip participants with the capability to carry out critical life saving techniques and procedures during an emergency. Participants will be trained to manage medical and trauma emergencies using a systematic approach to build confidence and ensure maximum effectiveness when faced with an emergency.

Some of the modules covered include, but are not limited to:

- Emergency Action Principles
- Cardiopulmonary Resuscitation & Use of the Automated External Defibrillator
- First Aid for Breathing Emergencies
- Adult / Child Choking
- First Aid for Head, Spine and Lower Limb Injuries
- First Aid for Fractures and Soft Tissue Injuries
- First Aid for Wounds
- First Aid for Burns and Scalds
- First Aid for Heat Disorders, Bites and Stings
- Handling and Transportation of the Injured
- First Aid for Poisoning
- First Aid for Unconscious Casualty



Classes are kept small with a very favourable trainer to trainee ratio to ensure maximum hands-on practice time for every participant. Participants can be assured of minimal 'waiting around' time with our training methodology.

Participants will be required to sit for a theory and practical assessment for all modules. Upon successful completion of all requirements, an NFAC-accredited certificate will be issued to all participants.



Course Fees

For healthcare VWOs and private nursing homes with portable subsidies under MOH:

\$13.91 / pax for Singaporeans / SPRs (include GST)

\$77.04 / pax for non-Singaporeans / non-SPRs (include GST)

\$139.10 / pax for any other Orgs (include GST)

Venue: Lentor Training Centre

33, Ubi Avenue 3, #03-11

Vertex Tower B, Singapore 408868

Email: training@lentorambulance.com

Tel: 6250 2300

Classes can also be conducted at premises of your choosing, subject to terms and conditions.

*This course and all its modules are accredited by the **National First Aid Council** (NFAC) of Singapore.*

Lentor Ambulance Pte Ltd is the approved training provider of the Standard First Aid with CPR+AED Course by Agency for Integrated Care (AIC).

